



### Suggested Packing List

- Passport
  - Credit Card/ATM (notify your bank)
  - U.S. Dollars
  - Light jacket/Sweatshirt
  - Men – nice shirts and pants for worship service/team dinner
  - Women – dress or skirt (modest) for worship service/team dinner
  - Modest swimsuit
  - Beach Towel
  - Modest shorts
  - Modest shirts (nothing patriotic or with a cross)
  - Capri pants/jeans
  - Sweater/fleece
  - Hat
  - Sturdy shoes & socks
  - Rain poncho (April-October)
  - Bible & Journal Book
  - Pen
  - Back Pack
  - Toilet Paper (small roll)
  - Small Flashlight
  - Water bottle (No straws, 1 Liter recommended)
  - Sunscreen
  - Bug Spray
  - Comfortable shoes
  - Protein Bars (Non-Chocolate)
  - Extra Toothbrush
  - Slides/flip flops for shower
  - Personal Toiletries (shampoo and soap...)
  - Hair Dryer (If wanted)
  - Leave expensive jewelry home
  - Phone charger
  - Personal medications (in original bottles)
  - Sunglasses
  - Pain reliever
  - Imodium AD
- Construction Teams**
- 2 pairs of work clothes
  - Gloves, safety glasses, dust Mask